

Customer Training Workshop: Introduction to BLE System Design

BLE = Bluetooth[®] Low Energy

001-96274

Rev *B

Easily Design Wireless Systems with the Most Integrated One-Chip BLE Solution

Owner: JFMD Introduction

r - PSoC Creator 2.0 [C:\Creator\Detector\Detector.cydsn\T View Debug Broject Build Tools Window Heb

Page 2

Detector.cydv
 Header Files
 device.h

Source Files

Workshop Objectives



By the end of this workshop, you will

Understand Cypress's BLE one-chip solutions including PSoC® 4 BLE and PRoC® BLE1

Understand the BLE architecture

Learn how to use Cypress's BLE solutions and development environment to implement:

BLE connections with PSoC 4 BLE and PRoC BLE

One-chip, sensor-based system designs with BLE connectivity for the Internet of Things (IoT²)

One-chip, CapSense® touch-sensing user interface designs with BLE connectivity

¹ PSoC = Programmable System-on-Chip, PRoC = Programmable Radio-on-Chip ² An expansion of the Internet to include everyday physical objects such as thermostats

Workshop Agenda



Time	Page	Торіс	
0:00 (15 min)	<u>4</u>	Set Up and Install Software	
0:15 (15 min)	<u>5</u>	Bluetooth and PSoC Terms	
0:30 (15 min)	<u>10</u>	Demo #1: PSoC Creator ^{™1} and BLE Pioneer Kit ² Overview	
0:45 (30 min)	<u>16</u>	Cypress BLE Solution Overview	
1:15 (10 min)	<u>25</u>	Demo #2: BLE Component Overview	
1:25 (45 min)	<u>27</u>	Lab #1: Your First PSoC 4 BLE Design	
2:10 (30 min)	<u>30</u>	BLE Architecture Overview	
2:40 (30 min)	<u>36</u>	Session Break	
3:10 (45 min)	<u>37</u>	Lab #3: IoT Sensor-Based System Design	
3:55 (45 min)	<u>43</u>	Lab #4: CapSense Design with BLE Connectivity	
4:40 (10 min)	<u>47</u>	Cypress BLE Modules	
4:50 (10 min)	<u>52</u>	Wrap-up	
5:00		End of workshop	

¹ PSoC 3, PSoC 4 and PSoC 5 Integrated Design Environment (IDE) software that installs on your PC

² The BLE Pioneer Kit baseboard is part of the \$49 BLE Pioneer Kit, which programs and debugs PSoC functionality



Required software and initial steps

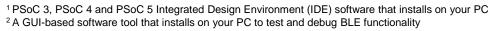
Copy the contents of the provided USB drive onto your laptop and install the software in the table below Follow the on-screen instructions to complete the installation in approximately 15 minutes

Software	Version	File Name	
PSoC Creator ¹ Installer	3.2 (or newer)	"PSoCCreatorSetup_3.2.exe"	
CySmart ² Installer	1.0 SP1 (or newer)	"CySmartSetup_1.0_sp1.exe"	
BLE Pioneer Kit Installer	Revision *C (or newer)	"CY8CKIT042BLEKITSetupOnlyPackage_RevSC.exe"	
BLE Lab Exercise Files	2.0	"BLEWorkshop_2.0.zip"	

Required hardware:

BLE Pioneer Kit (CY8CKIT-042-BLE), shown at right

Raise your hand if you need help!





Bluetooth Terms

Bluetooth Classic

A legacy standard for personal area networks made popular by audio streaming to cell phone headsets Operates in the 2.4-GHz ISM¹ Band with GFSK² modulation and supports up to a 3-Mbps data rate

Bluetooth Low Energy (BLE)

A standard for short-range, low-power wireless applications that communicates state or control information Operates in the 2.4-GHz ISM¹ Band with GFSK² modulation and supports a 1-Mbps data rate Not backward-compatible with Bluetooth Classic

Bluetooth 4.0

An upgraded Bluetooth Classic specification that adds BLE

Bluetooth 4.1 (Bluetooth Spec)

An enhanced Bluetooth 4.0 specification, adopted in Dec. 2013 Includes improved security, lower power and higher throughput³

Bluetooth Smart

A brand for Bluetooth 4.0/4.1 products that support only BLE

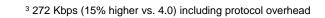
Bluetooth Smart Ready

A brand for Bluetooth 4.0/4.1 products that support both Bluetooth Classic and BLE

Bluetooth Special Interest Group (SIG)

The organization that oversees the development and licensing of Bluetooth standards

¹ An Industrial, Scientific, Medical (ISM) RF frequency band that is license-free worldwide ² Gaussian frequency shift keying



Bluetooth Smart Ready

Product





Additional Terms



BLE Protocol Stack (BLE Stack)

Firmware that implements the Bluetooth 4.0/4.1 specification to provide BLE communication

BLE Profile (Profile)

A Bluetooth specification that describes a set of operations and behaviors that devices use to communicate with one another Ensures interoperability when two or more devices use a common Profile For example, keyboards use the HID Profile and Heart Rate Monitors (HRMs) use the HRM Profile

Analog Front End (AFE)

An analog signal-conditioning circuit that uses opamps, filters and comparators to interface to an analog-to-digital converter (ADC)

Internet of Things (IoT)

An expansion of the Internet to include everyday physical objects such as thermostats

PSoC Terms

PSoC

PSoC is the world's only programmable embedded system-on-chip integrating an MCU core, Programmable Analog Blocks, Programmable Digital Blocks, Programmable Interconnect and Routing¹ and CapSense

Programmable Analog Block

A hardware block that is configured using **PSoC Components**² to create Analog Front Ends (AFEs), among other capabilities Includes Continuous Time Blocks, analog-to-digital converters (ADCs) and digital-to-analog converters (DACs)

Continuous Time Block (CTB)

A Programmable Analog Block that is used to implement continuous time analog circuits such as opamps and programmable gain amplifiers (PGAs)

Programmable Digital Block

A hardware block that is configured using **PSoC Components**² to implement custom digital peripherals and glue logic

Includes Universal Digital Blocks, Serial Communication Blocks (SCBs) and TCPWMs³

Universal Digital Block (UDB)

A PSoC Programmable Digital Block that contains: two programmable logic devices (PLDs), one programmable data path with an arithmetic logic unit (ALU), one status register and one control register

Configured in **PSoC Creator**⁴ using **PSoC Components**², or the graphical state machine editor or Verilog code

Serial Communication Block (SCB)

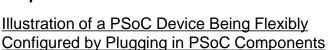
A PSoC **Programmable Digital Block** that is configurable as a UART. SPI or I²C interface

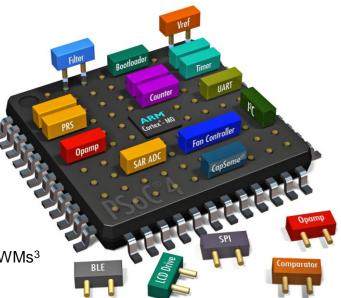
¹ Connects the Programmable Analog Blocks, Programmable Digital Blocks and I/Os ² Free embedded ICs represented by an icon in PSoC Creator software

³ Timer, counter, pulse-width modulator (PWM)

⁴ PSoC 3, PSoC 4 and PSoC 5 Integrated Design Environment (IDE) software that installs on your PC









PSoC Terms



Timer, Counter, PWM (TCPWM) Block

A PSoC Programmable Digital Block that is configurable as a 16-bit timer, counter, PWM or quadrature decoder

CapSense®

Cypress's third-generation touch-sensing user interface solution that "just works" in noisy environments and in the presence of water The industry's No. 1 solution in sales by 4x over No. 2

Programmable Interconnect and Routing

Connects the Programmable Analog Blocks, Programmable Digital Blocks and I/Os Enables flexible connections of internal analog and digital signals to internal buses and external I/Os

PSoC Creator™

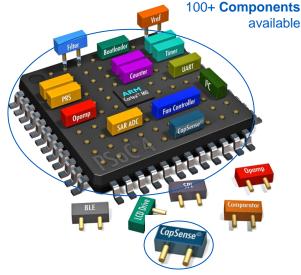
PSoC 3, PSoC 4 and PSoC 5 Integrated Design Environment (IDE) Software that installs on your PC that allows: Concurrent hardware and firmware design of PSoC systems, or PSoC hardware design followed by export to popular IDEs

Components

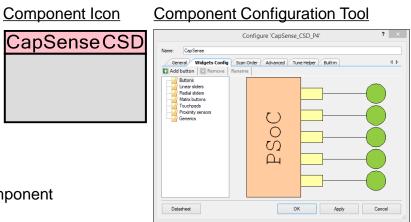
Free embedded ICs represented by an icon in PSoC Creator software Used to integrate multiple ICs and system interfaces into one PSoC Dragged and dropped as icons to design systems in PSoC Creator

Component Configuration Tools

Simple graphical user interfaces in PSoC Creator embedded in each Component Used to customize Component parameters



CapSense is used to create touch buttons and sliders



PSoC Terms

PSoC 4

A PSoC with an ARM® Cortex®-M0 MCU

PSoC 4 BLE

A PSoC 4 with up to 256KB flash, 36 I/Os, 10 **Programmable Analog Blocks**, 10 **Programmable Digital Blocks** and an integrated BLE radio with a royalty-free BLE Protocol Stack

PRoC BLE (Programmable Radio-on-Chip)

An ARM Cortex-M0 MCU with up to 256KB flash, 36 I/Os, 2 **Programmable Analog Blocks**, 6 **Programmable Digital Blocks**, an integrated BLE radio and a royalty-free BLE Protocol Stack

CySmart™

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A GUI-based software tool that installs on your PC to test and debug BLE functionality

BLE Component

A Component that <u>creates **Bluetooth Smart** products in minutes</u> Includes a Component Configuration Tool that makes the complex <u>BLE Protocol Stack and Profiles simple to implement with a GUI</u>

As you will soon see, this is a big deal!

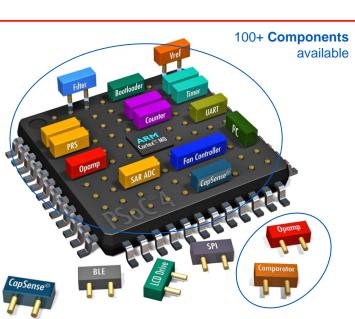
Owner: JFMD



Bluetooth

Programmable Analog Components are used to create custom AFEs

	Configure 'BLI	E'	?
me: BLE			
General	Profiles GAP Settings L2CAP Setting	s Built-in	
Load config	uration 🛃 Save configuration		
Profile Co	llection		
This mode a	llows to choose the target profile from a list of	supported profiles	
Broadcas	ter/Observer		
This mode d	oes not support connections.		
Host Cont	roller Mode		
	lows communication with a host stack using	a component embe	edded UART.
Profile configur	ation		edded UART.
	-	a component embe	edded UART.
Profile configur	ation		edded UART.
Profile configur Profile:	ation Heart Rate	~	edded UART.
Profile configur Profile: Profile role: GAP role:	ation Heart Rate Heart Rate Sensor (GATT Server) Peripheral	v v	edded UART.
Profile configur Profile: Profile role:	ation Heart Rate Heart Rate Sensor (GATT Server) Peripheral	v v	edded UART.
Profile configur Profile: Profile role: GAP role:	ation Heart Rate Heart Rate Sensor (GATT Server) Peripheral	v v	edded UART.
Profile configur Profile: Profile role: GAP role:	ation Heart Rate Heart Rate Sensor (GATT Server) Peripheral	v v	edded UART.







Introduction to BLE System Design DEMO #1: PSoC CREATOR AND BLE PIONEER KIT OVERVIEW



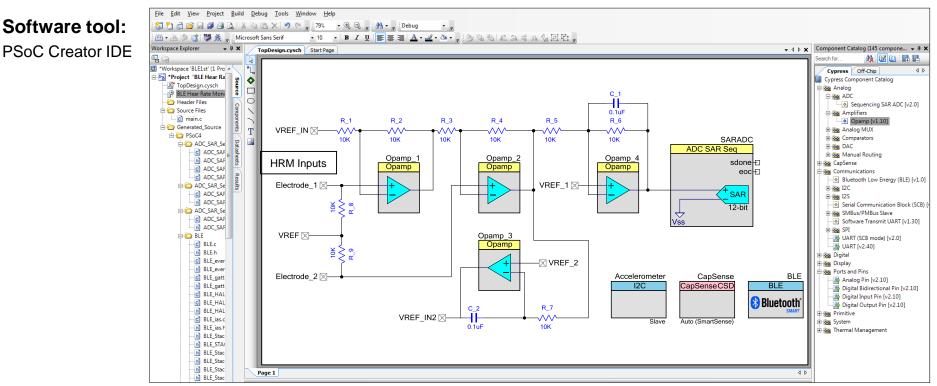
Demo #1: PSoC Creator Overview



Objectives:

- Learn about the PSoC Creator workflow:
- Create a new project
- Find 100s of example projects
- Place and configure a Component
- Open a datasheet
- Assign signals to pins
- Build and debug a design

A BLE Heart Rate Monitor Example Project in the PSoC Creator IDE



BLE Pioneer Kit Overview



BLE Pioneer Kit baseboard

Is compatible with Arduino[™] and Digilent[®] Pmod[™] hardware ecosystems Features onboard CapSense slider, RGB LED, push buttons and Cypress F-RAM Includes PSoC 5 for program and debug Supports 1.9 V, 3.3 V, 5 V and coin cell battery operation

Modules¹

Two FCC-certified² BLE modules that plug into the BLE Pioneer Kit Baseboard Feature an onboard antenna and provide access to all GPIOs Support BLE-UART bridge via an onboard four-pin header

BLE-USB bridge with PRoC BLE

Enables the use of a PC to develop and debug BLE peripherals Features an onboard LED, push button and PSoC 5 for program and debug

Example projects

Demonstrate how to use PSoC Creator to implement common BLE Profiles, such as Heart Rate Monitor (HRM), Glucose Meter and Human Interface Device (HID)

Mobile apps³

Include CySmart mobile apps³ for both iOS and Android mobile operating systems to test and debug BLE systems

¹ Additional BLE modules are available, refer to the <u>wrap-up section</u> for more details

² Designation for products manufactured or sold in the U.S. that meet the electromagnetic interference standards of the Federal Communications Commission

³ Mobile apps are software programs that run on a mobile device

BLE Pioneer Kit Baseboard



PSoC 4 BLE Module

PRoC BLE Module





BLE-USB Bridge with PRoC BLE





BLE Pioneer Kit Supports PSoC 4 BLE and PRoC BLE

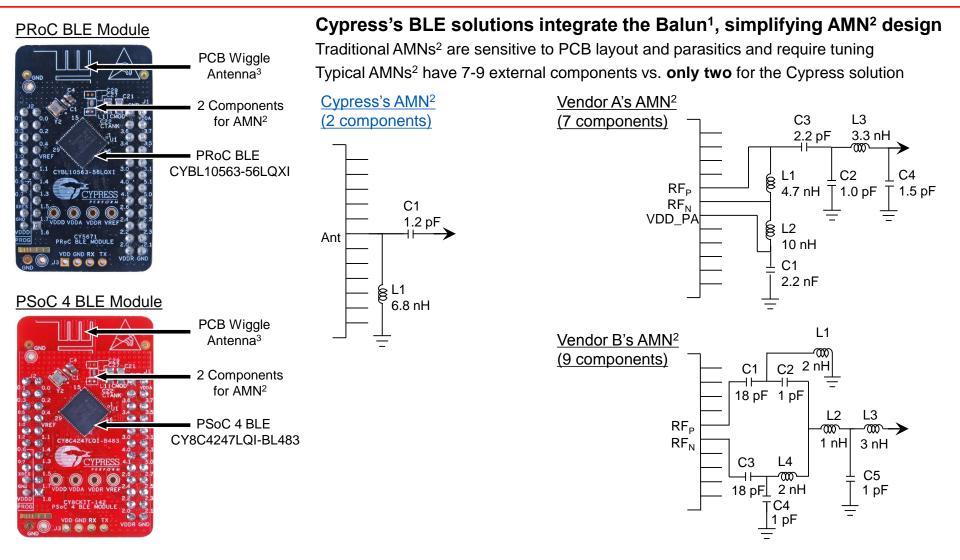


<u>Feature</u>	PSoC 4 BLE	PRoC BLE
Applications	IoT sensor nodes, wearables, small home appliances, home automation and portable medical devices	Mice, keyboards, trackpads, game controllers, remote controls, toys and BLE bridges
CPU Core	ARM Cortex-M0	ARM Cortex-M0
CPU Speed (MHz)	48	48
Flash/SRAM Sizes (KB)	128/16-256/32	128/16-256/32
ADC	1-Msps 12-bit SAR ¹	1-Msps 12-bit SAR ¹
Opamps	4	-
Comparators	2	-
IDACs	2	-
UDBs	4	-
Timers, Counters, PWMs	4/4/8	4/4/8
CapSense (I/Os)	Yes (36)	Yes (36)
l/Os	36	36
Serial Interfaces	4 SPI, 2 I ² C, 4 UART, I ² S	2 SPI/I ² C/UART, I ² S
Packages	56-QFN, 68-CSP	56-QFN, 68-CSP
<u>PSoC 4 BLI</u> Modul		

¹ Successive approximation register

PSoC 4 BLE and PRoC BLE Modules





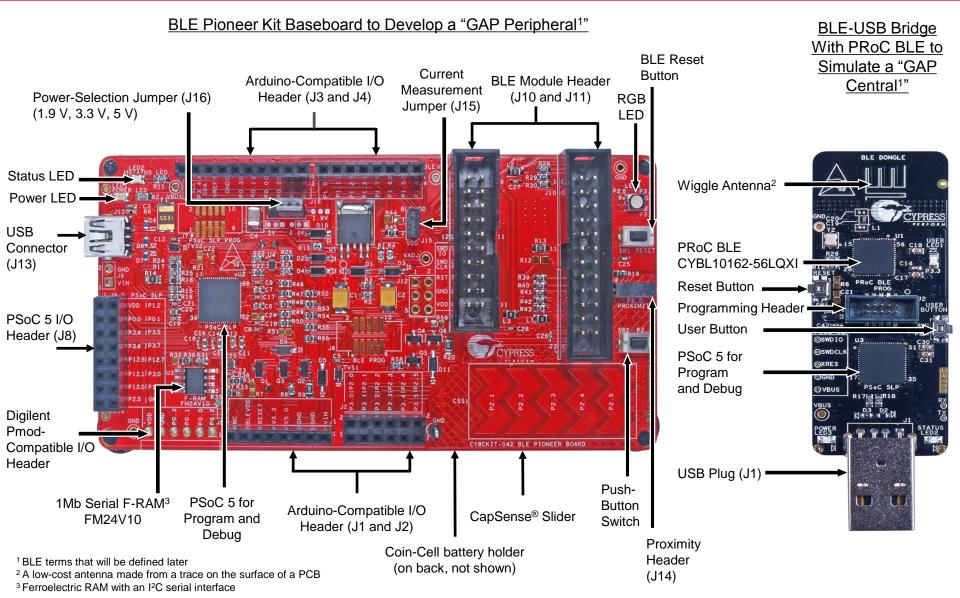
¹ An electrical device that converts a differential RF signal to a single-ended signal or vice-versa

² Antenna matching network: An RLC circuit network that provides Balun functionality, antenna impedance matching and low-pass filtering

³ A low-cost antenna made from a trace on the surface of a PCB

BLE Pioneer Kit Baseboard and BLE-USB Bridge







Introduction to BLE System Design CYPRESS BLE SOLUTION OVERVIEW



Cypress BLE Solution Overview



Cypress BLE integrates the entire BLE Architecture–Radio, BLE Stack and Application–on one chip

The royalty-free BLE Stack provided by Cypress is a complete implementation of the Bluetooth 4.1 Specification

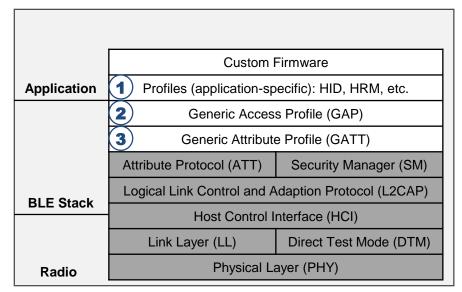
The Application is a combination of your firmware and the Cypress provided BLE Profile

The Generic Access Profile (GAP) and Generic Attribute Profile (GATT) define how BLE devices connect and exchange data¹

? Configure 'BLE' Name: BI F 2 General Profiles GAP Settings L2CAP Settings Built-in 4 Þ 📂 Load configuration 🛛 🚽 Save configuration Profile Collection This mode allows to choose the target profile from a list of supported profiles. O Broadcaster/Observer This mode does not support connections O Host Controller Mode This mode allows communication with a host stack using a component embedded UART Profile configuration Profile: Heart Rate v ~ Profile role Heart Rate Sensor (GATT Server) GAP role: Peripheral ✓ Use BLE low power mode OK Datasheet Apply Cancel

Simple: BLE Component Configuration Tool

Difficult: Typical BLE Architecture Diagram from the Bluetooth Spec²



All of the parameters of the BLE Stack and Radio are configured using the BLE Component Configuration tool. **Simply select the Profile, GAP and GATT parameters** in the tool. The **BLE Component automatically configures the remaining parameters** for the BLE Stack and radio.

The BLE Component simplifies the BLE Stack and Profile configuration process into three simple steps

¹ GAP and GATT are further defined on the following slides

² Source for terms and definitions: Bluetooth Low Energy: The Developer's Handbook

BLE Profiles



BLE Profile

A Bluetooth specification that guarantees application-level interoperability between devices that use the same **Profile**.

For example, keyboards use the HID Profile and heart rate monitors (HRMs) use the HRM Profile

Standard Profiles (or Adopted GATT Profiles)

Guarantee interoperability between two devices using the same **Profile** Defined by the **SIG** in the **Bluetooth Spec**

Assigned a 128-bit Universally Unique Identifier (UUID)

Natively supported by client¹ operating systems e.g., Google Android 4.x, Apple iOS 8.x, Microsoft Windows 8.1

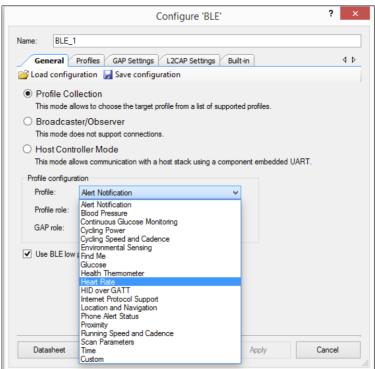
Custom Profiles

Non-standard **Profiles** for custom applications not defined by the **SIG** Often provided by solution vendors for proprietary technologies e.g., Cypress provides a custom **CapSense Profile** Require a custom **UUID**

Require custom software on the Client¹

e.g., Cypress provides mobile apps for iOS/Android Clients¹ with support for the **Custom CapSense Profile**

Profiles in the BLE Component



The BLE Component supports all Standard Profiles and enables quick creation of Custom Profiles that meet the Bluetooth Spec

¹ A BLE device that requests and receives data, e.g., a mobile phone

The Anatomy of a Profile¹



A Profile is a collection of "Services"

For example, the Blood Pressure **Profile** contains four **Services**: "Generic Access," "Generic Attribute," "Blood Pressure" and "Device Information"

A Service is a collection of "Characteristics"

For example, the Blood Pressure Service contains three Characteristics: "Blood Pressure Measurement," "Intermediate Cuff Pressure" and "Blood Pressure Feature"

A Characteristic is a collection of "Attributes"

For example, the Blood Pressure Measurement Characteristic contains one Attribute referred to as a set of "Fields" in the <u>Bluetooth Spec</u> as seen on the image on the right

An Attribute is the smallest unit of information

For example, the actual Blood Pressure value stored in one of several "Measurement Compound Value" Fields as seen in the image on the right

A Descriptor is a type of Attribute

(5) Descriptors provide additional information about a given Characteristic

The BLE Component enables easy configuration of Profiles in the GUI-based Component Configuration Tool

¹ For more details on the actual Blood Pressure Profile, Services, Characteristics and Attributes refer to the <u>Bluetooth Spec</u> or BLE Component Datasheet

Profile Tab in the BLE Component Configuration Tool

	Configure 'BLE'			? ×
Name: BLE General Profiles GAP Settings L2CAP Add Descriptor * X 📴 * 🗐 * 🕄 Bood Pressure Pressure Sensor	Settings Built-in Characteristic: Blood Pressure Measurement The Blood Pressure Measurement characteristic is a variable length Measurement Compound Value field, and contains additional fields s determined by the contents of the Flags field.			
Generic Access Covice Name Covice Name Covice Name	UUID: 2A35 Name	Туре	Length	
Perpheral Preferred Connection Generic Attribute Generinformate Generic Attribute Generic Attribute Generic	Properties P	8bit SFLOAT SFLOAT SFLOAT	2	Blood pressure for Systolic, D Time Stamp not present Pulse Rate not present User ID not present Measurement Status not prese
Datasheet	ОК		Арј	Dly Cancel

Easily configure the parameters for the Profiles, Services, Characteristics and Attributes

GAP: Establishing a BLE Connection

Generic Access Profile (GAP)

Defines how BLE devices discover each other, establish a connection and interact based on their roles

A BLE device can operate in the following "GAP roles":

GAP Peripheral: Role in which a device, like a fitness monitor, connects to a **GAP Central** device, like a mobile phone **GAP Central**: Role in which a device, like a mobile phone, connects to a **GAP Peripheral** device, like a fitness monitor **GAP Broadcaster**: Role in which a device only advertises or transmits data¹

GAP Observer: Role in which a device only listens or scans for devices¹

Establishing a BLE Connection in Three Easy Steps **Bluetooth Smart-Ready Bluetooth Smart Fitness** Mobile Phone Monitor (1) **GAP** Peripheral GAP Central Scans for Peripherals Transmits Availability and Capabilities 87 bpm (2) **GAP** Peripheral **GAP** Central Initiates Connection Accepts Connection (3) **GAP** Central **GAP** Peripheral **Exchanges** Data **Exchanges** Data

¹ GAP Broadcaster and GAP Observer roles are included for completeness but not used in the this introductory workshop. Refer to the Appendix slide for examples of GAP roles.



GATT: Defining How to Communicate



Generic Attribute Profile (GATT)

GATT Client in a GAP Central

Defines the way that two BLE devices exchange data

A BLE device can operate in the following "GATT roles":

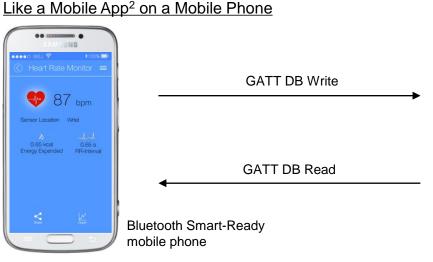
GATT Server: A device that receives requests and sends data, typically a **GAP Peripheral**, like a fitness monitor **GATT Client**: A device that requests and receives data, typically a **GAP Central**, like a mobile phone

GATT Database (DB)

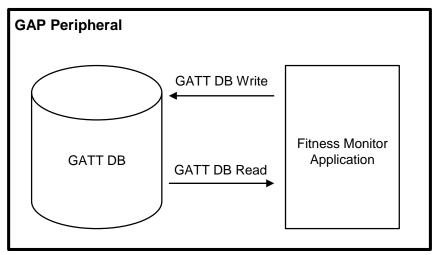
Stores and provides data and metadata¹ in the <u>Bluetooth Spec</u> format

Runs in a GAP Peripheral and responds to read and write requests from both GAP Central and the GAP Peripheral itself

BLE Communicates via GATT DB Reads and Writes



GATT Server in a GAP Peripheral Like a Fitness Monitor Application



¹ Data that describes other data for the purposes of categorization ² Mobile apps are software programs that run on a mobile device

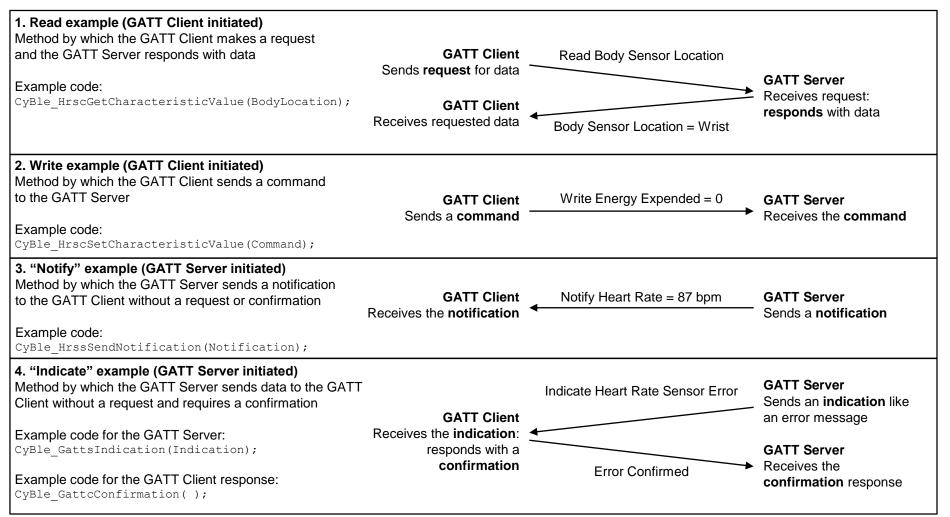
Attribute Protocol: Communication Example



Attribute Protocol (ATT) defines the rules for BLE communication

Enables GATT Clients to find and access Attributes on a GATT Server using six operations: Requests, Responses,

Commands, Notifications, Indications and Confirmations



Security Manager: Establishing Secure Connections



The Security Manager (SM) defines the following security methods:

Pairing: A process to establish a secure connection using authentication and key distribution

Authentication: A process to verify the identity of a device

Key distribution: A process of exchanging security keys contained in 128-bit data packets for pairing two devices

Bonding: A process of storing keys and authentication data in memory, so two devices can reconnect without the pairing process

Whitelist: An exclusive set of **GAP Central** devices that a **GAP Peripheral** can pair with, maintained in the **LL** hardware of the **GAP Peripheral** to enable low-power, secure and fast connections.

Cypress BLE SM: Supported I/O Capabilities and Security Levels¹

1) [Security	Level 1	Level 2	Level 3	Configure 'BLE'	?
	Mode 1	No Security	Unauthenticated + Encrypted	Authenticated + Encrypted	Name: BLE General Profiles GAP Settings L2CAP Settings Built-in	
	Mode 2	Unauthenticated + Data Signed ²	Authenticated + Data Signed ²	N/A	Peripheral role Advertisement settings Advertisement packet Scan response packet Peripheral preferred connection parameters	> > >
	I/O Capa	bilities			Bonding requirement: Bonding Encryption key size (bytes): 16	~
	Display C	Only				
	Display: `	Yes/No			Restore Defaults	
	Keyboard	I Only			Datasheet OK Apply	Cancel
F	No Input,	No Output				
ŀ	Display					

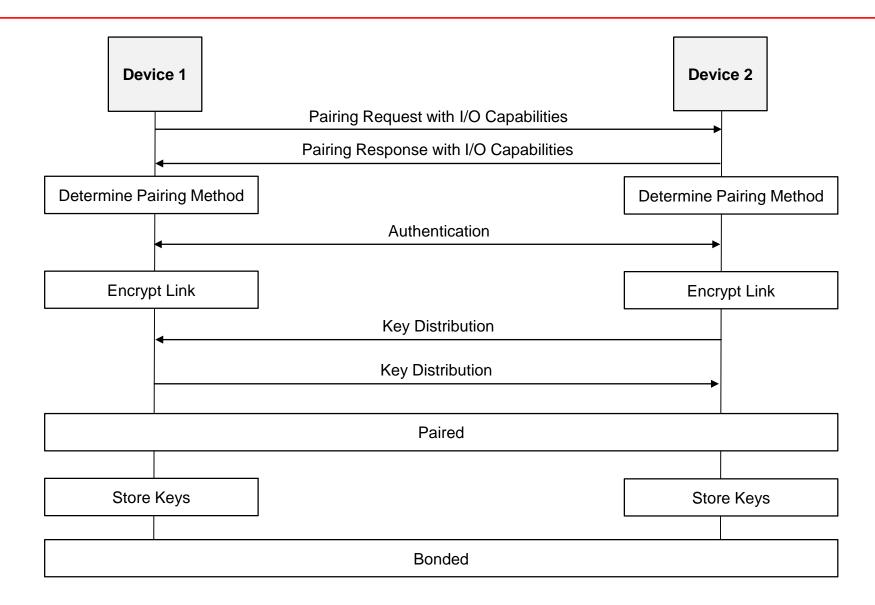
The BLE Component enables easy SM configuration in its GUI-based tool, without writing any firmware

¹ Refer to the <u>BLE Component Datasheet</u> for more information on these terms

² Data that is signed with a security key to ensure data integrity

Secure Connection Example







Introduction to BLE System Design DEMO #2: BLE COMPONENT OVERVIEW

Demo #2: BLE Component Overview



Objectives:

Review the BLE Component and Component Configuration Tool Learn where GAP, GATT and Profiles are configured Learn how to use the Component Datasheet and APIs¹

Software tool:

PSoC Creator IDE

Component:

BLE Component

BLE Component Icon BLE Bluetooth[®] SMART

BLE Component Configuration Tool

	Co	onfigure 'BLE'		? ×
Name: BLE_1	1			
General	Profiles GAP Settings L2C uration 🛃 Save configuration	AP Settings Built	in	4 Þ
O Broadcas	llection lows to choose the target profile f ter/Observer pes not support connections.	rom a list of supporte	d profiles.	
◯ Host Cont This mode al	roller Mode lows communication with a host s	tack using a compon	ent embedded UART.	
Profile configura	ation			
Profile:	Find Me	~		
Profile role:	Find Me Target (GATT Server)	~		
GAP role:	Peripheral	~		
☑ Use BLE low	r power mode			
Datasheet		ОК	Apply	Cancel

¹ Application programming interfaces are simplified sets of instructions used to interact with a Component



Introduction to BLE System Design LAB #1: YOUR FIRST PSoC 4 BLE DESIGN



CySmart BLE Test and Debug Tool Overview



CySmart tool sends read and write requests to the GATT DB in BLE GAP Peripherals

CySmart BLE Test and Debug Tool

<u>F</u> ile <u>H</u> elp				
🚯 Select Dongle 👒 🤇	Configure N	Aaster Settings 🛠 Manage PSMs	bisconnect	
Master Heart Rate Mo	nitor [00:A0:5	50:09:15:32]		
Attributes				
Oiscover All Attribution	ites 🛛 🛃 Er	nable All Notifications 🔟 Read A	II Characteristics View:	Category 🔻 🖪 💂
Handle	UUID	UUID Description	Value	Properties
Primary Service Dec	laration: G	eneric Access		
Primary Service Dec	laration: G	eneric Attribute		
Primary Service Dec	laration: He	eart Rate		
⊡-0x000C	0x2800	Primary Service Declaration	0D:18 (Heart Rate)	
- Characteristic	Declaration	n: Heart Rate Measurement		
⊡ • 0x000D	0x2803	Characteristic Declaration	10:0E:00:37:2A	
0x000E	0x2A37	Heart Rate Measurement		0x10
0x000F	0x2902	Client Characteristic Configuration		
- Characteristic	Declaration	n: Body Sensor Location		
⊡ 0x0010	0x2803	Characteristic Declaration	02:11:00:38:2A	
0x0011	0x2A38	Body Sensor Location		0x02
- Characteristic	Declaration	n: Heart Rate Control Point		
⊟ 0x0012	0x2803	Characteristic Declaration	08:13:00:39:2A	
0x0013	0x2A39	Heart Rate Control Point		0x08
Primary Service Dec	laration: De	evice Information		
Attributes L2CAP Char	nnels			
Log				

BLE-USB Bridge with PRoC BLE Connected to a PC



BLE Component Configuration Tool Profile Settings

Configure	'BLE'	? ×
Name: BLE General Profiles GAP Settings L2CAP Settings Built-in		4 ۵
- Hodd Descriptor - × 😅 - 🚽 - 🖓 ↑ 🗣 வ வ 🔚 📅 -	Characteristic: Device Name UUID: 2A00	
Heart Rate Heart Rate Sensor Generic Access Generic Access Generic Athbute Generic Athbutee Generic Ath	Name Type Length Value Fields I8 Heart Rate Monitor Properties Mandatory Write Image: Constraint of the second	
Datasheet	ОК Арріу Са	ancel

PSoC 4 BLE Module Connected to the BLE Pioneer Baseboard



² Represents the logical pin placement at Port 3, Pin 7 in PSoC Creator

Lab #1: Your First PSoC 4 BLE Design

¹ The "Find Me" Profile with IAS is a standard Profile in the Bluetooth Spec; refer to the Bluetooth Spec or Lab Manuals for more information

Objectives:

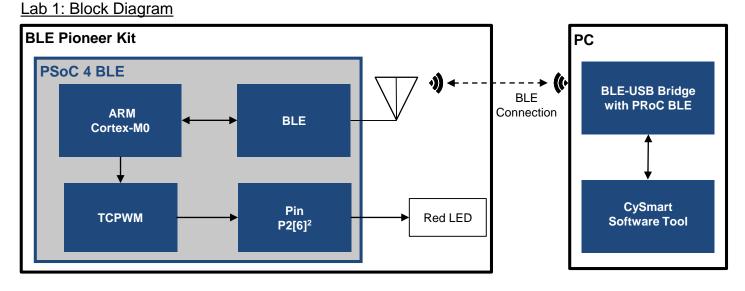
Learn how to use PSoC Creator to implement and debug PSoC designs Implement a simple blinking LED design Learn how to use the BLE Component Implement a standard "Find Me" Profile with the Immediate Alert Service (IAS)¹ Learn how to use the CySmart tool to debug BLE designs

Software tools:

PSoC Creator IDE CySmart

Components:

Pin Component BLE Component TCPWM Component



BLE Component Icon







Introduction to BLE System Design BLE ARCHITECTURE OVERVIEW

BLE Architecture



The BLE architecture consists of three parts: Application, Host and Controller

The Application implements specific functionality using the Host and Controller

The **Host** (or the **BLE Stack**) is a software stack with communication protocols that manage how two or more BLE devices communicate with each other

The Controller (or the Radio) is a physical device that transmits and receives encoded radio signals and decodes these signals

BLE Architecture Diagram from the Bluetooth Spec1

	Custom Firmware		◀	Implement Custom Firmware in PSoC Creator	
Application	Profiles (application-specific): HID, HRM, etc.				
	Generic Access Profile (GAP)			Configure Profiles, GAP, GATT in the BLE Component	
	Generic Attribute Profile (GATT)				
Host (or BLE Stack)	Attribute Protocol (ATT)	Security Manager (SM)		Use the BLE Stack with APIs in the BLE Component	PSoC 4 BLE One-Chip Solution
,	Logical Link Control and Adaption Protocol (L2CAP)				
	Host Control Interface (HCI)				
Controller	Link Layer (LL)	Direct Test Mode (DTM)		Transmit over the BLE Radio integrated into the chip	
(or Radio)) Physical Layer (PHY)				

PSoC 4 BLE integrates the entire BLE architecture into an easy-to-use, one-chip solution

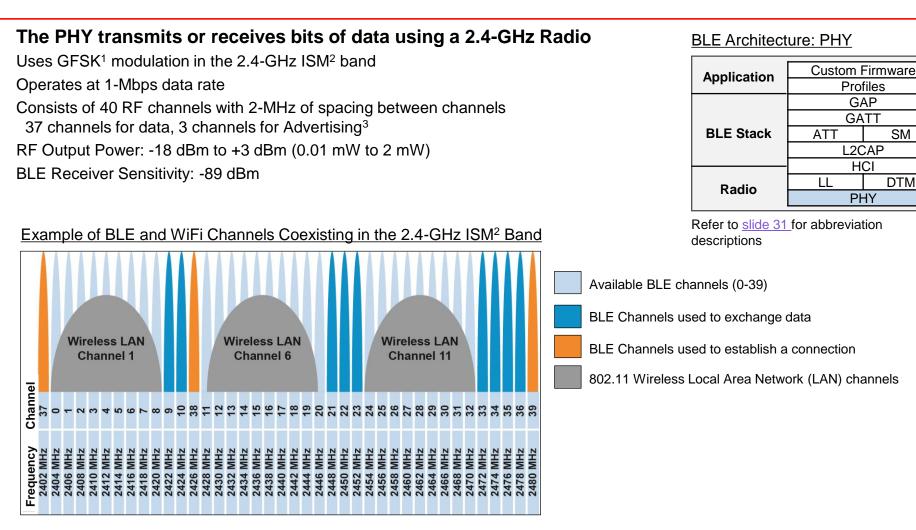
¹ Refer to the <u>Appendix</u> for definitions of all BLE architecture terms. Source for terms and definitions: *Bluetooth Low Energy: The Developer's Handbook*

BLE Radio: Physical Layer (PHY)



SM

DTM



Spacing of channels in the BLE PHY allows Advertising³ in the crowded 2.4-GHz ISM² band

¹ Gaussian frequency shift keying

² An Industrial. Scientific. Medical (ISM) RF frequency band that is license-free worldwide

³ A state in which BLE devices broadcast data to advertise that they are connectable and discoverable to nearby peer BLE devices

BLE Radio: Link Layer (LL)



Implements procedures to establish a reliable physical link, including:

Advertising: A state in which a BLE device broadcasts data to advertise that it is connectable and discoverable by nearby BLE devices

Scanning: A state in which a BLE device scans for nearby advertising BLE devices

Initiating and Creating Connections: The device that initiates the connection is called

the LL Master; the device that accepts the connection is the LL Slave

Data Encryption: A hardware block that implements AES-128 encryption

Error Detection: A hardware block that implements a 24-bit cyclic redundancy check (CRC)

Adaptive frequency hopping (AFH): A process that enables BLE to adapt to the environment by avoiding channels that have poor signal strength or high error rates

Example of BLE Adapting to the Environment to Avoid Bad Channels

 Frequency
 Channel

 2403 MHz
 37

 2404 MHz
 0

 2404 MHz
 1

 2406 MHz
 2

 2412 MHz
 2

 2414 MHz
 2

 2418 MHz
 4

 2418 MHz
 6

 2418 MHz
 1

 2428 MHz
 10

 2423 MHz
 11

 2423 MHz
 11

 2435 MHz
 11

 2435 MHz
 14

 2438 MHz
 14

 2438 MHz
 14

 2438 MHz
 14

 2438 MHz
 14

 2444 MHz
 23

 2445 MHz
 23

 2445 MHz
 24

 2445 MHz
 23

 2446 MHz
 23

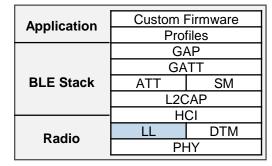
 2448 MHz
 23

 2448 MHz
 23

 2448 MHz
 24

 245 MHz</t

BLE Architecture: LL



Refer to <u>slide 31</u> for abbreviation descriptions

AFH identifies bad channels 0-8, 11-20 and 24-32 as those with interference and does not use those channels for BLE communication

- Available BLE channels (0-39)
- BLE Channels used to exchange data
- BLE Channels used to establish a connection
- 802.11 Wireless Local Area Network (LAN) channels

The LL on PSoC 4 BLE is implemented in an integrated on-chip Radio

BLE Radio: DTM and HCI



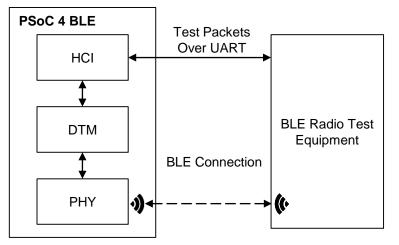
Direct Test Mode (DTM)

A mode to test the **PHY** by transmitting or receiving a sequence of test packets Typically used for radio compliance testing and production-line calibration PSoC 4 BLE enables **DTM** via the **Host Control Interface**

Host Control Interface (HCI)

An interface to exchange data between the **BLE Stack** and the **Radio** PSoC 4 BLE implements **HCI** over a UART interface to enter the **DTM**

PSoC 4 BLE in DTM for RF Compliance Testing and Calibration



BLE Architecture: HCI and DTM

Application	Custom Firmware			
Application	Pro	files		
	G	AP		
	GA	TT		
BLE Stack	ATT	SM		
	L2CAP			
	H	CI		
Radio	LL	DTM		
	Pł	ΗY		

Refer to <u>slide 31</u> for abbreviation descriptions

PSoC 4 BLE simplifies RF compliance testing and calibration by providing a DTM over a UART interface

BLE Stack: L2CAP



Logical Link Control and Adaptation Protocol (L2CAP)

Segments large data packets into smaller packets Reassembles segmented data into larger packets Determines packet size by the **Maximum Transmission Unit**

Maximum Transmission Unit (MTU)

The largest possible size for data packets Segmentation and reassembly improve transmission efficiency by allowing larger **MTU**s PSoC 4 BLE supports a **MTU** size of 23 to 512 Bytes

The PSoC 4 BLE L2CAP layer is integrated in the BLE Stack

BLE Architecture: L2CAP

Application	Custom Firmware				
Application	Pro	files			
	G	٩P			
	GATT				
BLE Stack	ATT	SM			
	L2CAP				
	HCI				
Radio	LL	DTM			
	Pł	ΗY			

Refer to <u>slide 31</u> for abbreviation descriptions



Introduction to BLE System Design SESSION BREAK





Introduction to BLE System Design LAB #3: IoT SENSOR-BASED SYSTEM DESIGN

IoT Sensor-Based Systems



The Internet of Things (IoT) is now a commercial reality

The IoT is how everyday physical objects are connected to the Internet Fitness monitors are examples of new IoT devices To learn more about fitness monitors download our <u>Wearables Solutions Catalog</u>

Fitness monitors require:

A heart rate monitor (HRM) Activity monitoring and a step counter BLE connectivity to a mobile device A touch-based user interface Maximum battery life

Designing a fitness monitor requires:

AFEs with opamps and an ADC to amplify, buffer and capture heart rate signals Accelerometer to capture changes in motion MCU with a BLE radio to connect to a mobile device Touch-sensing IC to detect touches and gestures ICs with low-power modes to minimize system power consumption

IoT products commonly require sensor-based BLE systems

Up3 Fitness Monitor by Jawbone



The newest Jawbone Up3 Fitness Monitor features a heart rate monitor, a touch-sensing interface and connectivity to mobile devices

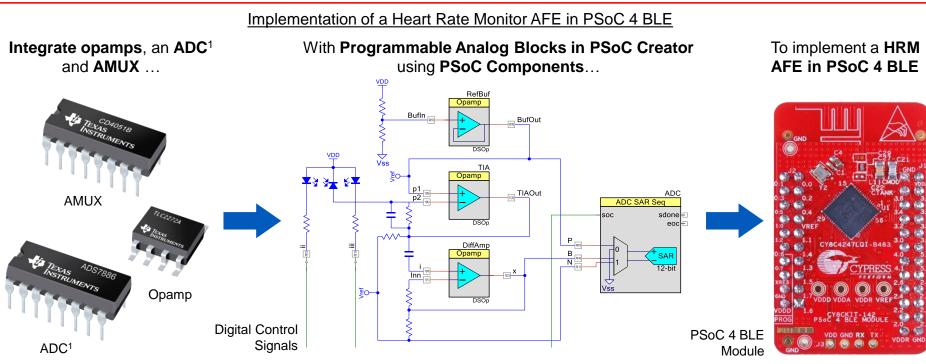
Microsoft Band Fitness Monitor



The new Microsoft Band includes a state-ofthe-art heart rate monitor, a touch-sensing interface and connectivity to mobile devices

IoT Sensor-Based Systems Require Custom Analog Front Ends





PSoC 4 BLE features Programmable Analog Blocks:

One 12-bit 1-Msps SAR² ADC

Four high-performance opamps (operational in Deep-Sleep mode)

Two low-power comparators (operational in Deep-Sleep mode)

Two current-output Digital Analog Converters (IDACs)

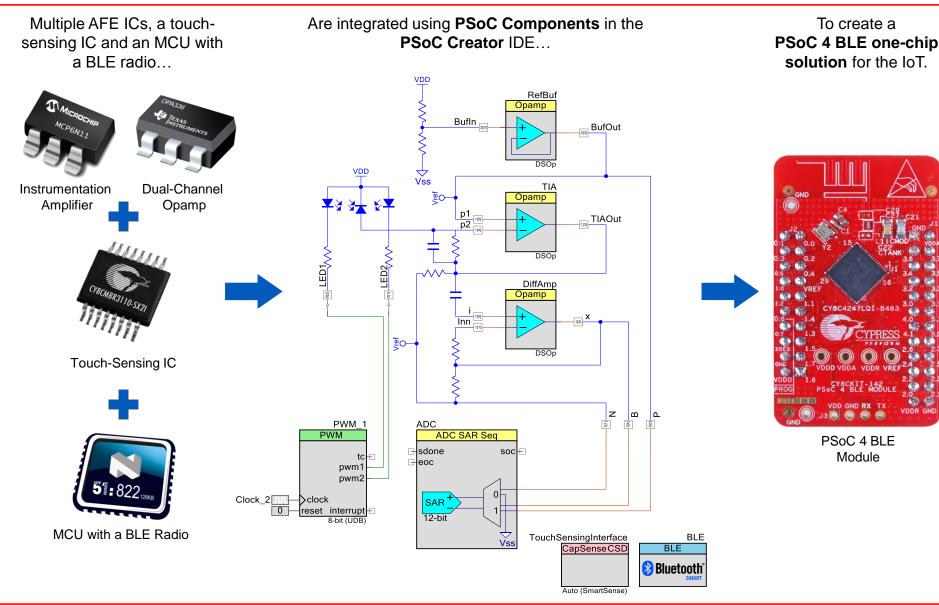
Two analog multiplexers (AMUX) that can be flexibly configured to create custom AFE designs

Programmable Analog Blocks can be flexibly configured to create custom AFEs for sensors

 $^1\,\text{MCUs}$ with a BLE radio typically provide an ADC $^2\,\text{Successive}$ approximation register

PSoC 4 BLE Integrates AFEs, CapSense and MCUs with a BLE Radio





PSoC 4 BLE Provides Five Low-Power Modes to Minimize Power Consumption



Power Mode	Current Consumption	Code Execution	Digital Peripherals Available	Analog Peripherals Available	Clock Sources Available	Wake-Up Sources	Wake-Up Time
Active	1.7 mA @ 3 MHz	Yes	All	All	All	-	-
Sleep	1.3 mA	No	All	All	All	Any interrupt source	0
Deep-Sleep	1.3 µA	No	WDT ¹ , LCD ² , I ² C/SPI, Link-Layer ³	Comparator, Opamps, POR ⁴ , BOD ⁵	WCO ⁶ , 32-kHz ILO ⁷	Comparator, GPIO ⁸ , Opamp, Link-Layer ³ , WDT ¹ , SCB ⁹	25 µs
Hibernate	150 nA	No	No	Comparator, POR, BOD	No	Comparator, GPIO	2 ms
Stop	60 nA	No	No	No	No	Wake-Up pin, XRES ¹⁰	2 ms

Power mode summary:

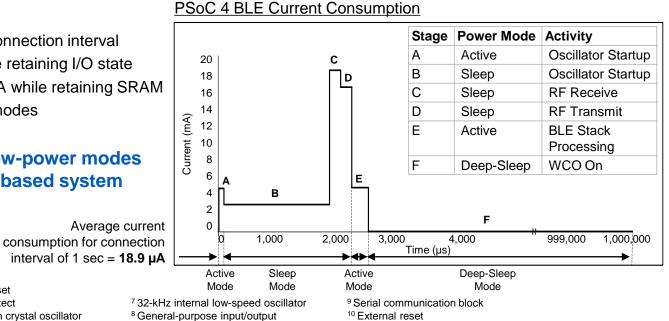
Average current 18.9-µA for a 1-sec connection interval Stop mode consumes only 60 nA while retaining I/O state Hibernate mode consumes only 150 nA while retaining SRAM APIs to switch easily between power modes

This lab uses four of the five low-power modes to create a low-power sensor-based system

⁴ Power-on-reset

⁵ Brownout-detect

6 32-kHz watch crystal oscillator



³ Digital logic managing BLE Protocol 001-96274 Owner: JFMD Rev *B

¹ Watchdog timer

² Liquid crystal display

Introduction to BLE System Design Customer Training Workshop

001-96274 **Owner: JFMD** Rev *B

Introduction to BLE System Design Customer Training Workshop

Lab 3: Block Diagram

Lab #3: IoT Sensor-Based System Design

Objectives:

Measure simulated heart rate using the Programmable Analog Blocks Implement a Heart Rate Monitor Profile and send the data over BLE Optimize the design for low power consumption using Sleep, Deep-Sleep and Hibernate modes

Software tools:

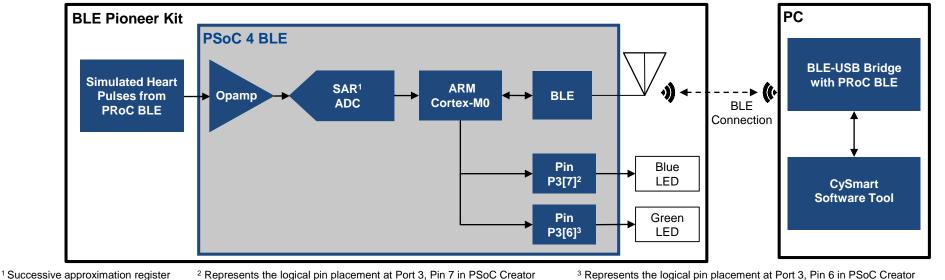
PSoC Creator IDE

CySmart

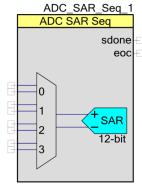
Components:

SAR¹ ADC Component

Opamp Component



SAR ADC Component





42



Introduction to BLE System Design

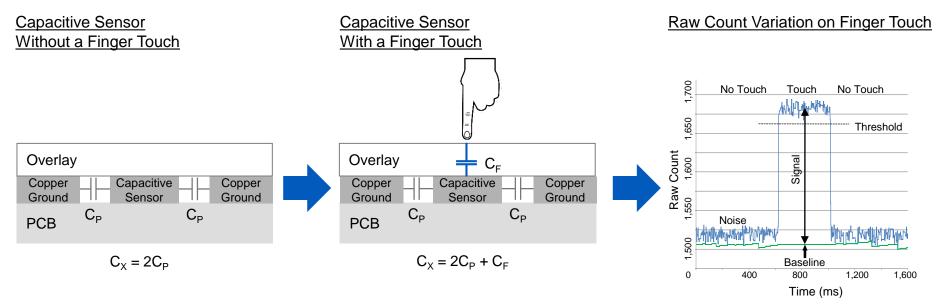
LAB #4: CapSense DESIGN WITH BLE CONNECTIVITY

CapSense Touch Sensing

CapSense replaces mechanical buttons

A capacitive sensor is used to measure the change in capacitance between a pin and ground CapSense algorithms and analog circuitry convert the measured capacitance to a raw count A finger touch increases the capacitance of the system, which in turn increases the raw count An increase in the raw count above a user-defined threshold registers a touch

Refer to the Getting Started With CapSense Guide for details on CapSense algorithms



C_{χ} = Total Capacitance on the capacitive sensor node

 C_{P} = Parasitic capacitance

C_F = Capacitance added by a finger touch

 C_F is dependent on the overlay material, overlay thickness and the dimensions of the finger (typical = 9mm) and sensor capacitances

CapSense algorithms use analog circuits to convert the capacitance to raw count, which is compared to the user-defined threshold to record a touch



SmartSense Auto-tuning



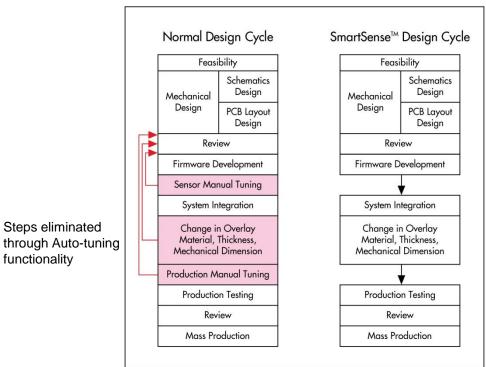
SmartSense Auto-tuning sets, monitors and continuously maintains optimal capacitive sensor performance

Reduces design effort by eliminating manual tuning (of baseline and threshold values) after the design phase

Adapts to manufacturing variations in PCB, overlay and paint that degrade touch-sensing performance

Adapts to changes in system environment due to RF noise sources

Allows a platform design approach that uses different overlays, button shapes and trace lengths with the same electronics



SmartSense Auto-tuning Cuts Design Cycle Time

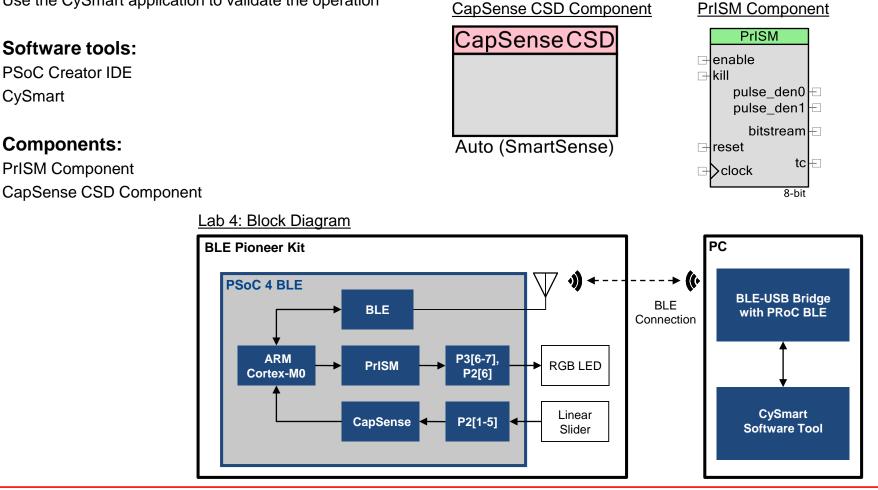
SmartSense Auto-tuning eliminates timeconsuming manual tuning and the design iterations caused by it

Lab #4: CapSense Design with BLE Connectivity



Objectives:

Adjust RGB LED color and intensity using the Precision Illumination Signal Modulation (PrISM) Component Implement a custom BLE Profile with a custom Service to send RGB LED color and intensity data over BLE Implement a custom Service to send CapSense slider data over BLE Use the CySmart application to validate the operation





Introduction to BLE System Design CYPRESS BLE MODULES



EZ-BLE PRoC Module

Bluetooth Low Energy Module using PRoC BLE



Applications)	Block Diagra	am		
BLE ¹ connectivity Medical Industrial PC accessories Toys Smartphone accessor	ries	Power/	EZ-BLE PRoC Modu		2 SWD ⁹ / GPIO 14 SPI/ ↓ ² C/ UADT/
Features)				UART/ CapSense/
Bluetooth Smart Cor 2.4-GHz BLE radio an -91-dBm Rx sensitivity Power Modes: 1.3-μA Deep-Sleep, 14 Highly Integrated So 2 crystals, chip antenr CYBLE-022001-EVAL	⁶ and IC ⁷ mm, 21-pad SMT with 16 GPIO nectivity with Bluetooth 4.1 nd baseband y, +3-dBm Tx output power 50-nA Hibernate, 60-nA Stop Dution	PRoC BLE Da	d Application Note	Chip Antenna	ADC/ PWM/GPIO
Enables testing of Cap	pSense, buttons, GPIOs, OTA ⁸		ndows Host Emulation	Tool	
Availability Sampling: Now Production: Now			and Android Apps	<u> </u>	
Bluetooth Low Energy, also kno Bluetooth Special Interest Group Federal Communications Comm	p Qualification Design ID ⁵ Korea Certifica	ernal Affairs and Comm		 ⁷ Industry Canada ⁸ Over-the-Air ⁹ Serial Wire Debug communic ns 	ration protocol

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EZ-BLE PRoC Module: Bluetooth Qualified, Global Regulatory Compliant



EZ-BLE PRoC Module is qualified by the Bluetooth SIG with a unique Qualified Design ID (QDID)¹

Bluetooth °	QDID	Declaration ID	Name	Product Type	Spec
SMART	<u>67366</u>	<u>D026297</u>	EZ-BLE PRoC Module	End Product	4.1
	<u>67366</u>	N/A	EZ-BLE PRoC Module RF-PHY	Component (Tested)	4.1
	<u>63199</u>	<u>D025070</u>	BLE Profiles on PSoC Creator 3.1	Component (Tested)	4.1

EZ-BLE PRoC Module complies with wireless regulations for the U.S., Canada, Japan, Korea and Europe

EZ-BLE PRoC Module Certified by Global Regulatory Agencies



U.S.: Federal Communications Commission (FCC)



Canada (IC)



Japan: Ministry of Internal Affairs and Communications (MIC)



Korea: Korea Certification (KC)



Save over \$200K² and bring your BLE product to market faster without the hassle of regulatory and qualification processes

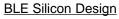
¹ Customers can refer to the EZ-BLE PRoC Module QDID and proceed with Bluetooth Declaration ² Cost includes development time, test equipment, and fees for Bluetooth SIG QDID, Declaration and Listing, and compliance for FCC, IC, MIC, KC and CE

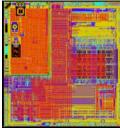
Cypress: A Complete BLE Solution

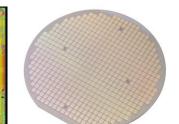


Cypress is the only BLE solution provider with expertise in silicon, stack, module hardware and software

Solution Dissipling	Cypress	BLE Module Suppliers			BLE Silicon	
Solution Discipline		Microchip	Panasonic	Bluegiga	Suppliers ¹	
BLE Silicon Design	✓				✓	
BLE Wafer Fabrication	✓				✓	
BLE Silicon Package Assembly/Test	✓				✓	
BLE Stack Development	✓				✓	
Software (IDE)	✓				✓	
BLE Module Hardware Design	✓	✓	✓	✓		
BLE Module Manufacturing	✓	✓	\checkmark	✓		







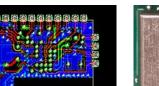
BLE Wafer Fabrication

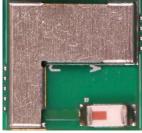


PSoC Creator Software

PSoC[®] Creator™3.1 Module Hardware Design







Cypress is the end-to-end expert for all of your BLE needs

¹ Nordic, TI, CSR, Dialog

² Chip-scale package (CSP) manufactured by Cypress subsidiary Deca Technologies Inc.

Small Footprint for Modern Industrial Designs

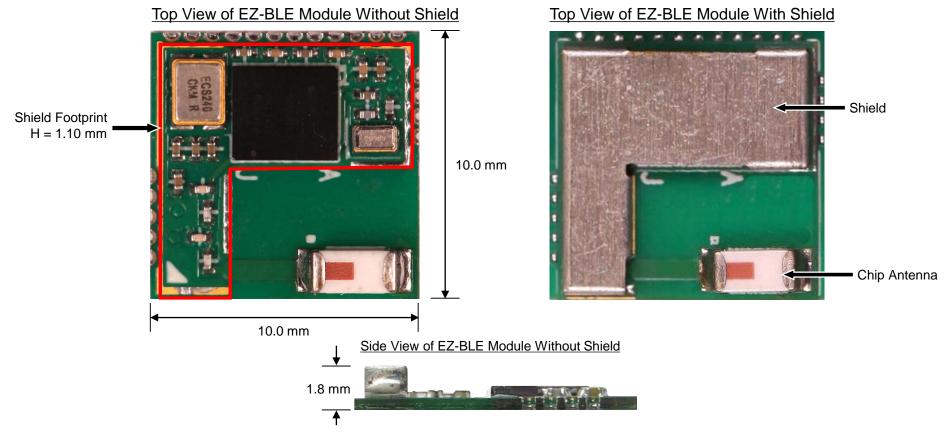


EZ-BLE PRoC Module supports a 10 x 10 x 1.80-mm footprint, including the shield

Available in a 21-pad SMT¹ module ideal for space-constrained applications

Supports 16 GPIOs that can be used for functions such as CapSense, I²S, I²C, SPI, UART, TCPWM² and LCD

Compatible with industry-standard reflow profiles for lead-free solders



EZ-BLE PRoC Module's footprint and feature set supports the needs of modern industrial designs

¹ A method for producing electronic circuitry in which the components are placed directly onto the surface of PCBs ² Timer, counter, pulse-width modulator (PWM); configurable as 16-bit timer, counter, PWM blocks



Introduction to BLE System Design WRAP-UP



References and Links



Product Webpages:

Cypress's BLE solutions webpage: www.cypress.com/BLE

PSoC 4 BLE product webpage: <u>www.cypress.com/PSoC4BLE</u> PSoC 4 BLE product datasheet: <u>www.cypress.com/PSoC4BLEDatasheet</u> PRoC BLE product webpage: <u>www.cypress.com/PRoCBLE</u> PRoC BLE product datasheet: <u>www.cypress.com/PRoCBLEDatasheet</u> EZ-BLE PRoC Module webpage: <u>http://www.cypress.com/EZ-BLEPRoCModule</u>

PSoC Creator IDE: <u>www.cypress.com/PSoCCreator</u> BLE Component Datasheet: <u>www.cypress.com/go/comp_BLE</u> CySmart for Windows[®] PC: <u>www.cypress.com/CySmart</u> CySmart for Mobile Apps: <u>www.cypress.com/CySmartMobile</u> BLE Pioneer Kit: <u>www.cypress.com/CY8CKIT-042-BLE</u> Remote Control RDK: <u>www.cypress.com/CY5672</u> Touch Mouse RDK: www.cypress.com/CY5682

BLE Frequently Asked Questions: <u>www.cypress.com/PSoC4BLEKBA</u> Cypress Wearables Solution Catalog: <u>www.cypress.com/go/WearablesCatalog</u>

Application Notes:

Getting Started with PSoC 4 BLE (AN91267): <u>www.cypress.com/go/AN91267</u> Getting Started with PRoC BLE (AN94020): <u>www.cypress.com/go/AN94020</u>

Design Guides:

PSoC 4 BLE Antenna Design Guide: <u>www.cypress.com/go/AN91445</u>

CapSense Design Guide: www.cypress.com/go/AN85951

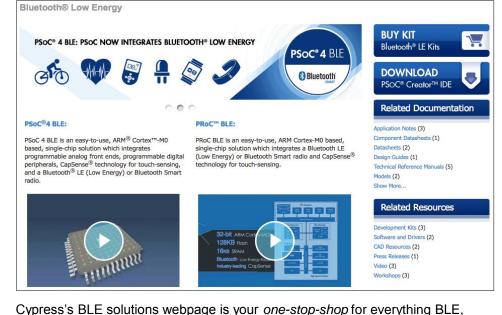
General Online Resources



Cypress Resources

PSoC: www.cypress.com/PSoC Cypress Roadmap: www.cypress.com/Roadmap Kits: www.cypress.com/kits Support: www.cypress.com/support Training: www.cypress.com/training Cypress Online Store: www.cypress.com/store Developer Community & Forums: www.cypress.com/forums App Notes: www.cypress.com/AppNotes

Cypress BLE Solutions: www.cypress.com/BLE



Cypress's BLE solutions webpage is your *one-stop-shop* for everything BLE, including product datasheets, development kits, App Notes, software downloads, example projects and demo videos

Bluetooth Resources

Bluetooth SIG website: www.bluetooth.org

<u>Bluetooth Spec</u> (including Profiles and Services): <u>www.bluetooth.org/en-us/specification/adopted-specifications</u> <u>Bluetooth Low Energy - The Developer's Handbook</u> by Robin Heydon (ISBN-10:013288836X)

Workshop Objectives Recap



You should now:

Understand Cypress's BLE solutions including PSoC 4 BLE and PRoC BLE

Understand the BLE architecture

Know how to use Cypress's BLE solutions, the PSoC Creator IDE and the BLE Pioneer Kit, to implement:

BLE connections with PSoC 4 BLE and PRoC BLE¹

One-chip, sensor-based system designs with BLE connectivity for the Internet of Things (IoT)

One-chip, CapSense touch-sensing user interface designs with BLE connectivity

Please help us improve this workshop by completing our feedback form

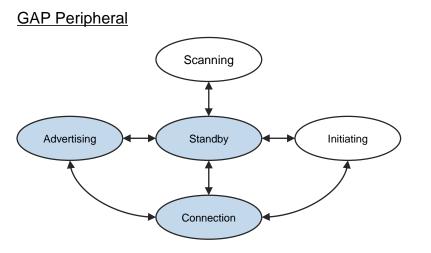
¹ PRoC BLE exercises are included in the Additional Exercises Section of each Lab Manual



Introduction to BLE System Design APPENDIX

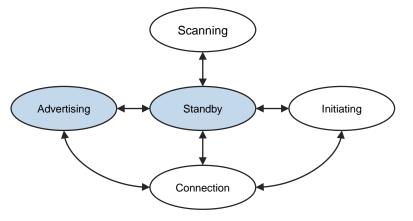
GAP: Example of GAP Roles



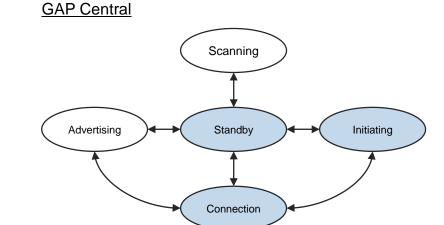


Advertises its capabilities and establishes connections

GAP Broadcaster

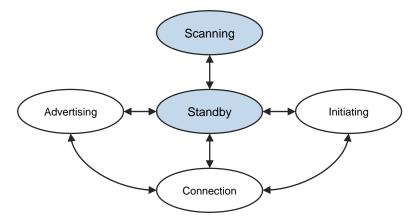


Advertises its capabilities only, does not establish connections



Scans for advertising devices and initiates connections

GAP Observer



Scans for advertising devices only, does not establish connections

Cypress BLE Certification



QDID	Declaration ID	Name	Product Type	Spec
<u>63199</u>	<u>D025070</u>	Profiles supported by BLE Component in PSoC Creator	Profile Subsystem	4.1
<u>61908</u>	<u>D024756</u>	Host	Component (Tested)	4.1
<u>62243</u>	<u>D024755</u>	Link Layer	Component (Tested)	4.1
<u>62245</u>	<u>D024754</u>	RF-PHY for 56-QFN package	Component (Tested)	4.1
<u>63368</u>	<u>D025068</u>	RF-PHY for 68-ball WLCSP package	Component (Tested)	4.1
<u>62887</u>	<u>D024757</u>	PSoC 4 BLE and PRoC BLE (56-QFN package)	End Product	4.1
<u>63683</u>	<u>D025069</u>	PSoC 4 BLE and PRoC BLE (68-ball WLCSP package)	End Product	4.1
<u>67366</u>	<u>D026297</u>	EZ-BLE PRoC Module	End Product	4.1
<u>67366</u>	N/A	EZ-BLE PRoC Module RF-PHY	Component (Tested)	4.1
<u>63199</u>	<u>D025070</u>	BLE Profiles on PSoC Creator 3.1	Component (Tested)	4.1